

# AICR AT A GLANCE

The American Institute for Cancer Research (AICR) is the world's leading authority on lifestyle and cancer research. AICR funds research that examines nutrition and physical activity for cancer prevention and survivorship.

## AICR HAS:



FUNDED OVER  
800 STUDIES



INVESTED MORE THAN  
\$110 MILLION  
IN RESEARCH



RECENTLY INVESTED  
\$1 MILLION  
IN RESEARCH GRANTS AND FELLOWSHIPS



SUPPORTED RESEARCHERS  
IN OVER 150  
INSTITUTIONS



FUNDED WORK IN  
15 COUNTRIES

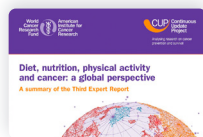


AICR has a **96 percent rating on Charity Navigator**, which rates charities based on impact, accountability, leadership and more.

## AICR'S GLOBAL RESEARCH INCLUDES:



**Global Cancer Update Program (CUP Global):**  
Ongoing research analysis on how nutrition and physical activity affect cancer risk and survival



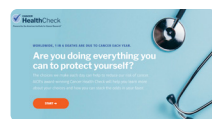
**Third Expert Report:**  
A comprehensive research report covering nutrition, physical activity and cancer

AICR uses the findings from this global research to develop resources for use by health professionals, patients and governments.

## SOME AICR RESOURCES INCLUDE:



**AICR's 10 Cancer Prevention Recommendations:**  
Guidelines for eating well and staying active



**Cancer Health Check:**  
A quiz that looks at lifestyle habits to see if improvements are needed



**Healthy10 Challenge:**  
A 10-week program to help improve habits and lower cancer risk

## AICR EDUCATES ABOUT CANCER AND SUPPORTS POLICY INITIATIVES

AICR's research symposia, blog, webinars and presentations help scientists and health professionals stay up-to-date on advances in nutrition, lifestyle and cancer risk.

AICR supports policy initiatives through lawmakers, medical experts and community officials to reduce preventable cases of cancer and to strengthen laws that help cancer patients and survivors.

AICR is helping all Americans to lead healthier lifestyles by advocating for federal policies that support bold cancer prevention and survivorship research.

By investing in science and research, AICR has transformed the once-radical notion that everyday choices can dramatically reduce cancer risk and turned it into a universally accepted fact.

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