Four Decades of Progress in Diet & Lifestyle Cancer Research



2020s

Survivorship and quality of life



2000s

Strong evidence-based Recommendations



1980s

Low acceptance that diet influenced cancer risk MAINSTREAM PUBLIC HEALTH

2010s

Demonstrated benefits of adherence to AICR Recommendations

1990s

First cancer prevention guidelines



Cancer typically takes two to three decades to develop.

AICR pioneered the research that is reducing cancer risk

and improving survivorship TODAY.

OW ACCEPTANCE